



# BAYANIHAN

Official Newsletter of the Philippine Nurses Association of New Jersey, Inc. Middlesex Subchapter

Fall/Winter 2010 Edition

**MISSION : To uphold the image and foster the welfare of the Filipino-American nurses in the State of New Jersey as a professional group.**

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Term 2010-2012

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## President's Message

Adelle De Guzman BSN, RN, CCRN

As we launch this second edition of our newsletter, I am very proud to share about the subchapter's successful achievements. One grand achievement was its 1st Gala & Awards Night. It was a celebration to be remembered. My heartfelt gratitude to all those who joined in the celebration, to those who sponsored our souvenir journal and to the subchapter officers and members who helped us in organizing the event, thank you very much for all your time, effort and support. I look forward to your continued support in our future endeavors.

Happy Holidays to all!!! Maligayang Pasko at Manigong Bagong Taon sa inyong lahat!!!

## Successful Events

### PNANJ Middlesex Subchapter 1st Gala and Awards Night

"An affair to remember" became the cliché for this memorable event. Attended by almost 150 guests, it was a successful event. Those who joined the celebration were the RWJ University Hospital senior executive leaders and physicians, PNAA and PNANJ executive board members, the NJSNA and NJLN executive board members, subchapter members, colleagues, supporters, our family and friends. Awards of recognition were presented to Dr. Gary Avendano, Interventional Cardiologist; to Mr. Martin Everhart, RWJ University Hospital VP of Human Resources; and to Mr. Stephen Jones, RWJ University Hospital President and CEO for their continued support to the endeavors of the organization.



Ms. Teresa DeVries and Ms. Emma LaPená received awards of recognition for their outstanding performance and contributions to promote the organization. Mildred Cruz, Mae Divinagracia, Jessa Manalastas, Victoria Pangilinan and Myrna Young were also recognized for their valuable contributions to the organization.

### The PNANJ 5<sup>th</sup> Annual Leadership Seminar Workshop

Our subchapter hosted the PNANJ 5th Annual Leadership Seminar Workshop last May 19, 2010 which was sponsored by RWJ University Hospital, New Brunswick. The event was filled with great information on secrets of successful leadership. The panels of speakers are very well known for their expert leadership abilities as evidenced by their executive positions. Mr. Vince Joseph FACHE, Executive Vice President of RWJ, talked about "Leadership: Key to Organization Excellence". He talked about the 6 P's of leadership, "Proper Prior Planning Prevents Poor Performance" and the characteristics of a leader as 4 E's "Energy, Energize, Edge, and Execute with added Passion. Nurse executives on the other hand shared their knowledge and experiences about leadership. Miss Terri Veneziano MSN, RN, CNS-C, CCRN, Assistant VP, Nursing and Patient Care Services of RWJ talked about "Transformational Nursing: Is there any difference from bedside to boardroom" and our very own Mrs. Susan Castor MSN, RN, CCRN, Administrator Director, Patient Care Services of Community Medical Center spoke about "PNANJ Success Secrets: Succession Planning". Overall, it was a very informative and empowering seminar for all aspiring future nurse leaders.

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Middlesex  
Subchapter

Coming

together is

a beginning.

Keeping

together is

progress.

And working

together is

success.

Henry Ford



**PNANJ Participates in RWJ Magnet Redesignation Interview**

On December 3rd of 2010, Mae Guzman, VP of PNANJ and adviser for the Middlesex Subchapter represented the organization in the Community Service stakeholders’ interview for the Hospital’s Fourth Magnet Designation. Only a few hospitals nationwide are a member of this elite group of Magnet re-designated hospitals. The ability to sustain all the measures and activities to meet designation criteria is a tremendous feat requiring commitment to quality, education, community service and customer satisfaction. The Magnet Surveyor Team was led by Dr. Susan Weeks, Associate Dean of the Harris College of Nursing and Health Sciences and Director, Center for Evidence-based Practice and Research. There were about 15 organizations representing various groups in the community. There were school affiliates, political groups, a women’s wellness group, March of Dimes, Sharing Network, a Mexican advocacy group, Children’s Hospital and Patient Advocacy representation. After introductions, the team asked about how RWJ helped each specific organization in the attainment of their mission and goals for the populations they represent.

Ms. Guzman spoke about the origins of PNAA and PNANJ knowing that the group does not know us. Emphasis was placed on how RWJ arms were able to extend across cultures and continents. Then proceeded to elaborate on our mission and our community outreach programs with emphasis on Middlesex Subchapter’s accomplishments in this area. She talked about Gawad Kalinga housing assistance program, the Typhoon Ondoy Drive, the Medical Missions, the PNAA KEPF program, the PDIC (NJ/NY) and local hospital wellness fairs, the annual Matters of the Heart Education Series, the scholarships and leadership and achievement awards. That day, it was made known that RWJ will partner with PNANJ to mentor a Philippine hospital for Magnet designation .Quote from Ms. Guzman “I am very fortunate to have been able to represent the organization in such a panel. Middlesex subchapter’s accomplishments made the task such sheer pleasure and such a source of pride. My congratulations to Middlesex Subchapter for a job well done. Keep the Lamp burning. ”

**Upcoming Events**

March 19, 2011 – Matters of the Heart: Part II  
PNANJ Middlesex Subchapter Educational Event at RWJUH, New Brunswick, New Jersey

April 30, 2011 – Healthcare Reform  
PNANJ Spring Annual Convention at Marriot Hotel Newark Airport Newark, New Jersey.

**Community Service**

Teresa DeVries with her leadership in global community service led other members of our subchapter to a successful medical mission in Bohol, Philippines last June 2010. Collaborating efforts with Love Made Visible Foundation, Teresa with Jackie Baras, Glenna Tan , Jessa Manalastas, and Amy Miloria provided free medical and dental services to the community. Jackie Baras exemplified her global leadership by providing education on Cultural Nursing to students of the University of Santo Tomas, School of Nursing, Manila, Philippines.

Our members have actively participated in a local community health fair during Philippine Fiesta at Meadowlands last October 15, 2010. Members have assisted in blood pressure screening and provided public health education through poster presentations.

THANK YOU..... THANK YOU... THANK YOU!

**Membership Updates**

As of December 1<sup>st</sup>, 2010, our subchapter continues to have the highest membership among the PNANJ subchapters, with a total of 282 members. So let us continue to grow and keep our numbers going by joining our subchapter. To learn more about our organization and to join our membership, just log on to [www.pnanj.org](http://www.pnanj.org).

BECOME A PNANJ MEMBER!

TOGETHER WE CAN MAKE A DIFFERENCE!!!

